

**VILAS COUNTY COMMISSION ON AGING
NUTRITION ADVISORY COUNCIL**

JUNE 22, 2009

Chairperson Platner called to order the Nutrition Advisory Council meeting of the Commission on Aging at 12:50 p.m., on June 22, 2009, at The Gateway Lodge, Land O'Lakes, Wisconsin.

Present: The following persons were present: Lois Bodam, Betty Gussick, Betty Hansen, Ray Johnson, Mary Platner and Donna Rollmann. Staff present were Director Joe Fortmann and Nutrition Coordinator, Susan Richmond.

Approve Agenda: Rollmann moved and Gussick seconded the motion to approve the Agenda as mailed, which order may be changed at the discretion of the Chair. Carried.

Approve Minutes: Rollmann moved and Gussick seconded the motion to approve the Minutes of the Nutrition Advisory Council held on May 4, 2009. Carried.

Agenda Item #5 Discussion and approval of Senior Dining Site Review:

- ✓ Site Review of Phelps Senior Center was distributed.
- ✓ Committee took a moment to compile their Site Review of Land O Lakes and turned them into Richmond
- ✓ Gussick asked if there should be a sign advertising for the senior dining when you enter the Gateway Lodge. Platner suggested it could be something to put in the corner on the days that the site is not open.
- ✓ Richmond stated they would receive the results at the next Advisory meeting.
- ✓ Gussick also asked for an update on the Lakeland Senior Center in Woodruff.
- ✓ Richmond gave report on the first teleconference call of the WAND Executive Board. We basically went over the training that was held in May and Richmond explained that she is also in charge of the Marketing Committee and we will have products for each county in Wisconsin to purchase with the Senior Dining logo.

Agenda Item #6 Discussion of Bi-Annual Surveys:

- Fortmann noticed that one of the questions was about donation envelopes. Discussion was held as to whether we should have envelopes available.
-Richmond stated that each site manager has a supply of envelopes they use to send out the Donation Letters and they could use those if someone needed an envelope.
-Fortmann suggested that we strike out the question for the next round of surveys.
- Another suggestion was that instead of asking if there are hand towels and soap available that we put a question about the bathrooms being clean.
- Richmond will put on the Agenda for next meeting to discuss.

Agenda Item #7 Free of Donation Meal Policy:

- ❖ Richmond explained that the State requires the Counties to have a policy in place if the counties determine that they will provide a meal to the site managers, home delivered meal drivers and kitchen workers where a donation is not required.
- ❖ Richmond explained that many years ago the Committee decided to provide a meal to the site managers and home delivered meal drivers (when they are working) free of donation and now we just need to back that up with a policy.

There was a motion by Rollmann with a second by Hansen to accept the Meal Policy with the following change to title: Meal Policy – Donation not Required. Motion Carried.

Agenda Item #8 Updates from Site Representatives:

- Hansen reported for Phelps that they have received the 4-drawer filing cabinet that locks and a CD Radio Player and they now have voicemail. She also reported that Donna Barron did a PAD presentation and everyone enjoyed that very much.
- Rollmann reported for Fibbers that everything was working good.
- Johnson reported for Land O'Lakes that the new vendor was very friendly, the food is much better.
- Gussick reported for Kalmar Senior Center that everyone is already complaining about the new vendor before they have even tried it. Many people have asked her why they can't have their own cooks back.
- Bodam reported for Boulder Junction that everything is going well. The new site manager is doing well and that everyone likes her.

Agenda Item #9 Suggestions from Members:

- ✓ Gussick asked if we could get 1 or 2 people (maybe even participants at each site) to do chair exercises before the meal.
- ✓ Discussion was held regarding a volunteer compared to paying someone to do this.
- ✓ Richmond suggested that Spine & Sport could possibly do this in conjunction with their presentation in the winter
- ✓ Fortmann stated that he would check with Spine and Sport if they would be willing to do this.

Richmond stated we could work on this for next year.

Next Meeting Date will be: Thursday, August 20, 2009, at Boulder Beer Bar in Boulder Junction. We will have lunch at 11:30 a.m. and the meeting will follow at 12:30 p.m. Richmond reminded everyone that they need to call in their reservations as part of the Site Review that they will need to complete. Information on how to reserve will appear on the Agenda.

Motion to Adjourn at 1:50 p.m.

Minutes reflect the recorders notations and are subject to approval by the appropriate board or committee.

Submitted by:

Approved by:

Susan Richmond
Nutrition Coordinator

Joe Fortmann
Director