

**VILAS COUNTY COMMISSION ON AGING
NUTRITION ADVISORY COUNCIL**

JANUARY 3, 2011

Chairperson Platner called to order the Nutrition Advisory Council meeting of the Commission on Aging at 10:00 a.m., on January 3, 2011, at Vilas County Courthouse, Conference Room 1, in Eagle River, Wisconsin.

Present: The following persons were present: Shirley Haws, Mary Platner, Donna Rollmann and Betty Hansen. Staff present were Director Joe Fortmann and Nutrition Coordinator, Susan Richmond. Excused was Ray Johnson and Sharon Big John. Also present was Fred Radtke.

Approve Agenda: Hansen moved and Rollmann seconded the motion to approve the Agenda as mailed, which order may be changed at the discretion of the Chair. Carried.

Approve Minutes: Haws moved and Rollmann seconded the motion to approve the Minutes of the Nutrition Advisory Council held on October 15, 2010 and December 21, 2010. Carried.

Coordinator's Report:

- Wisconsin Association of Nutrition Directors held their training on November 18 and 19, 2010, in Stevens Point. The first day of training was opened to all cooks and caterers to attend. Vilas has 3 of their caterers that attended along with Penny LaFata, site manager from Kalmar Senior Center. The second day of training was just for the Nutrition Directors. Richmond reported that this was a well received training.
 - +Handouts on "What's Your Cranky Score" distributed
 - +Foods to Help You Age Sheet was distributed from HyVee Foods.
- Richmond reported that the "Secret Santa" Day at each site was well received.
- Richmond distributed the following:
 - +Emergency Preparedness Sheet (These are distributed during the re-assessments)
 - +Are you Ready Wisconsin sheets. (These will be sent to the sites in January)
- Weather Radios were discussed and Richmond stated that if we have extra money leftover at the end of the year in 2011, we will look into providing one of these for the home delivered meal participants.
- Richmond reminded the Committee that we cannot use specific names of people that we are discussing in the meeting.
- Richmond asked that the members do not take back ideas to the sites until they have been finalized. Directives should be coming from the Commission on Aging and/or Nutrition Coordinator.
- Site Manager's Training Guides were reviewed and Richmond will be scheduling a training for all site managers to go over this booklet.

Agenda Item#6 Discussion and approval of Senior Dining Site Review (2):

- ✓ Richmond distributed the Review that was completed on the Boulder Beer Bar. Platner stated that the food is fabulous and she couldn't find anything wrong with this site.
- ✓ The Review on Fibbers Restaurant was also distributed. Platner stated that she has been to both sites and Fibbers is a wonderful site.

- ✓ Rollmann stated comments that she had received from Radtke regarding the food is too salty, participants would like butter along with the margarine, and they would like to see more fruits and vegetables.
- ✓ Radtke stated that they have a Mexican Day every month and it is a low attendance day.

Agenda Item #7 Distribution of Sick Day and Emergency Sheets given to HDM participants:

- Since this was already discussed under the Coordinator's Report, this was not discussed again.

Agenda Item #8 Updates from Site Representatives:

- PHELPS: Hansen reported that the bus is now picking people up that had never come before and it has changed their lives for the better.
 - +Fortmann recognized Hansen for her great advocacy efforts.
 - +Hansen stated that the participants do not like the fish sticks and potato wedges. Richmond reported that she has spoken with Lynne Grasse at Aspirus regarding the menu, but there is not much they can do. A new menu will be coming from Rennes but other than that, they cannot change it.
 - +Hansen asked about the furniture and items that belong to the Senior Club and if they will have to sell it at the end of the year. Fortmann stated that he will be looking into a new place for the nutrition site.
- EAGLE RIVER: Haws reported that she hasn't been at the site for a while due to husband's illness.
- FIBBERS: Rollmann reported that she had discussed the 3 issues earlier and Richmond will look into these issues.
- 1938 NORTH: We have a new site manager, Kathy Nielsen and she is doing just fine.
 - +There was an issue regarding the temperature at the site, but it has since been taken care of.
- BOULDER JUNCTION: Richmond reported that the food is good, the only complaint she has is getting the menu on time.

Agenda Item #9 Future Meeting Date:

Next Meeting Date will be Tuesday, March 22, 2011 at 9:30 a.m.

Adjournment at 11:10 a.m.

Minutes reflect the recorders notations and are subject to approval by the appropriate board or committee.

Submitted by:

Approved by:

Susan Richmond
Nutrition Coordinator

Joe Fortmann
Director